

Sunrise Canoe and Kayak

Canoe trips, kayak tours, rentals, and river guides since 1996.
Go canoeing or kayaking in Maine, it's good for the soul!

(207)255-3375

info@sunrisecanoeandkayak.com

www.sunrisecanoeandkayak.com



St. Croix River Day Trip

Guided Canoe Trip Info

The St. Croix river is one of Maine's most outstanding rivers featuring a near perfect blend of natural scenery and moderate whitewater. This canoe trip covers one of if not the best section of Maine river to be found in regards to the amount of fun whitewater and overall adventure you can experience from a canoe in one day.

The whitewater is best characterized as lively yet not intimidating making this trip great for parties of mixed ability. It's a great stretch of river to practice whitewater canoeing techniques but if you'd rather just grasp the basics and follow your guide down the rapids you can do that too.

Trip Overview

Dates: July-August

Length: 6 hours

Where: Trip meets at the Shell service station [114 Main Street, Princeton Maine](http://www.sunrisecanoeandkayak.com/day-trips/st-croix-river-full-day.htm)

Included: All canoeing gear (canoes, PFD's, paddles, dry bags), guide services, basic canoe instruction, transportation arrangements to and from the river

Reservations: Call Sunrise Canoe and Kayak at (207)255-3375 or email info@sunrisecanoeandkayak.com

Our St. Croix river canoe trips are on our website at:
<http://www.sunrisecanoeandkayak.com/day-trips/st-croix-river-full-day.htm>

Experienced Guides

Our canoe trips are **led by Master Maine Guides** who have worked as professional river guides for over 20 years. All of our guides share an emphasis for safety and education as well as a passion for river trips.

The Day of Your Trip

The day of your trip our staff will meet you in Princeton, Maine and outfit you with PFD's and dry bags. After arriving at the river, our guide(s) will provide your party with basic canoe instruction and conduct a safety briefing before heading down river.

What to Expect

The St. Croix river is basically short stretches of whitewater alternating with flat, moving water. If you have any inclination at all and adequate enthusiasm you and your partner can enjoy the river and negotiate the rapids just by following your guide. However, if you want to learn more about canoe paddling your guide will be more than happy to oblige.

The morning of your trip, your guide will meet you at 8:30 in Princeton, Maine where you will be outfitted with dry bags and PFD's before heading to the



river. At the put in your guide(s) will provide your party with basic canoe instruction and conduct a safety briefing before heading down river. Along the way, the trip has one longer stop for lunch with time to relax and maybe go for a refreshing swim.

We are typically back in Princeton with you ready to head to your next destination by 3:30pm.

What to Wear/Bring

Dry bags are provided for you to pack items in.

Wear something on your feet that you don't mind getting wet and that won't float away while you swim, shorts or light pants (it's best to have long pants with you even if the weather is warm enough for shorts), a seasonable top with an extra layer (fleece, jacket, etc.), and a hat that provides sun protection.

Make sure to bring a good lunch and plenty of water, a day on the river can make you very hungry and of course proper hydration is always important.

Other items you may want are sunscreen, sunglasses, binoculars, camera, and snacks.

Fishing- Fishing on the St. Croix is excellent given the river's healthy population of smallmouth bass presenting a great opportunity to run whitewater and catch fish in the same day! While getting down the river in reasonable time is our first priority, on a typical trip your guides will be able to allow some time to wet lines throughout the day. **A Maine fishing license is required.** Licenses can be obtained through the Maine Department of Inland Fisheries and Wildlife website www.maine.gov/ifw/licenses_permits/fishing.htm or at most fishing supply retailers.

Large Groups

The St. Croix river is particularly well suited for organized groups of any kind including youth groups and paddling clubs. The challenge and accomplishment of running the rapids on this wild stretch of river is not only fun but an excellent team-building and bonding experience.

Reservations

Contact Sunrise Canoe and Kayak, Rob Scribner

call: [877-980-2300](tel:877-980-2300) or [\(207\)255-3375](tel:207-255-3375)

website: <http://www.sunrisecanoeandkayak.com/>

email: info@sunrisecanoeandkayak.com

